2018 Big Walk Entry Form

Name: ___________________________ Surname: ___________________________

ID Nr: ___________________________ Gender: □ Male □ Female

Race: _______ Age _______ Cell Nr: ___________________________

E-mail: ___________________________ Emergency contact no: ___________________________

Province: ___________________________ Club: ___________________________

District: ___________________________ Organisation: ___________________________

Department: ___________________________

Disability: Yes / No, if yes state ___________________________

Race: □ 5km □ 10km

T-shirt sizes: □ XS □ S □ M □ L □ X □ XL □ XXL □ XXXL

Release and Waiver
By entering, I declare that I agree to abide by the rules of the race and the rules of ASA and AGN. I am physically fit and sufficiently trained to participate in this event. I will participate at my own risk and hereby, for myself, my executors, heirs administrators and assigns, indemnify against and release, and discharge the National and Provincial bodies, sponsors, organizers, volunteer groups, medical personnel and local authorities from any action or claim of whatever nature caused by the negligence of them and/or out of my participation in this event, including pre- and post-race activities.

- No blade, cyclist or mechanically operated device is allowed in the walk.
- No animals allowed on the walk.
- No iPods or listening devices.
- All traffic officers and officials instructions to be obeyed.
- Water stations will be positioned every 3km.
- Assisted wheelchairs are welcome on certain routes.

NB: The children must be accompanied by their parents. Children under age of 10 will be only allowed to walk 5km under the guidance of their parents or guardians. Unsupervised child under age of 10 will not be allowed to participate in the walk. Children between age of 11 and 15 will be allowed to walk 5km to 10km only. The legal guardian must sign on behalf of the child.

Name: ___________________________ Signature: ___________________________ Date: ______________

Email completed form to Wandile.Meyiwa@kzndsr.gov.za or drop off at KZN Department of Sport and Recreation offices, 135 Pietermaritz Street, Pietermaritzburg, 3201